



activity calendar

For Ages 7 - 11



Youth Craft

Crafts in the conference room.

TUESDAY @ 10:00 a.m.



Youth Studio Classes

Yoga, Zumba, Step or Pilates in Studio One

CHECK WITH SKYKIDS FOR UPCOMING SCHEDULE



Youth Fit

Instructor led exercise classes in the CrossFit Sky area.

MONDAY & WEDNESDAY @ 11 a.m.



Youth Nutrition

Prepare healthy snacks and discuss healthy eating habits with Sky's registered dietitian in the Conference Floor.

THURSDAY @ 10 a.m.



Wii Tournament Day

Different sports tournament each week on the Nintendo® Wii

WEDNESDAY @ 12 - 2 p.m. & 4 - 6 p.m.



Youth Group Games

Games may include dodge ball, capture the flag & kick ball.

MONDAY @ 5:30 - 6:30 p.m.